

**Year 4/5 6/
Relationships (Sex) and Health Education.**

The Department for Education requires all schools to implement the statutory Relationships, (Sex Education) and Health Education curriculum as part of their Personal Social Health Education program. At St. Patrick's Catholic Voluntary Academy, we have a bespoke, carefully planned Personal, Social, Health, Economic Education (PSHE) curriculum. This is taught weekly in all classes by the Class Teacher and has been created for our children using a combination of The Catholic TenTen Resources interwoven through the PSHE Association endorsed thematic plan, created for our school. The programme adopts a spiral curriculum approach so that as your child goes through the programme year-after-year, the learning will develop and grow, with each stage building on the last.

All teaching of PSHE takes place in a safe learning environment and is underpinned by our school ethos and values. Children are given the opportunity to ask questions to further their understanding and to find out more about what affects them personally. Questions are responded to, in line with our policy, which recognises that parents/ carers are the first and primary educators of their children, who know their child best and each family and child is different and unique.

To support parents and carers there is access to the TenTen parent platform so that parent and carers, can engage with the teaching and deepen the experience for their child if they so wish. To access the online parent platform please visit: **www.tentenresources.co.uk/parent-portal**

School Username: st-patricks-s5

School Password: wicklow-55

(Click Subscriptions, Online Parent Portal, Enter, Year Group by Year Group)

In Summer Term 2:

As part of our Relationships (Sex) and Health Education we will be teaching the children in boys and girls sessions from Year 4-6 for 4 lessons on Thursday 8th June, Thursday 15th June, Thursday 22nd June, and Thursday 29th.

Year 4 Boys will work with Mr. Hunt.

Year 4 Girls will work with Miss. Whitmore

Year 5/6 Girls will work with Miss. Wells.

Year 5/6 Boys will work with Mr. Ritchie.

The Year 4 Sessions will cover:

1. **Changes in Boys** - I can describe how boys' bodies will change as they go through puberty.
2. **Changes in Girls** - I can describe how girls' bodies will change as they go through puberty.
3. **Changing Emotions** - I can describe the feelings that some people experience as they grow up.
4. **Relationships and Families** - I understand that there are many different types of relationships and families.

The Year 5/6 sessions will cover:

1. **Boys Bodies** Using the TenTen Session Plan and Resources
2. **Girls Bodies** Using the Ten Ten Session Plan and Resources
3. **Menstruation and Nocturnal Emissions** Using the Ten Ten Session Plan and Resources
4. **Spots and Sleep** (for the Year5/6 boys) Using the Ten Ten Session Plan and Resources.
4. **Follow up Menstruation for girls**, (for the Year5/6 girls) a little more information on how to deal with menstruation, signposting, products (non-invasive e.g. pads/ period knickers)

During which the following CBBC News Round clip Let's Talk About Periods: A Newsround Special - <https://www.bbc.co.uk/newsround/56267456> will be shown.

To briefly summarise the principles underpinning the Life to the Full approach:

- It is inclusive of all children, families and teaching staff.
- From the very start, the programme acknowledges that families are made up differently and it celebrates the family unit in whatever form it takes.
- Schools can build on this teaching, depending on the cohort, to ensure that every child is assured, and their family background is affirmed.
- In Upper Key Stage Two, the presenters on film say that some children have “two mums and two dads” as part of a list of different family set-ups – this is the only explicit reference to same-sex relationships in the programme.
- The programme does not explicitly refer to transgenderism.
- The programme emphasises very strongly the dignity of every person as being created and loved by God – it examines difference and bullying, but does not explicitly highlight LGBT people within this context.
- The only reference to sexual intimacy is in the **optional UKS2 session** ‘Making Babies: Part 2’. In this session, sexual intimacy is discussed within the context of a heterosexual marriage, and the Catholic-Christian point of view is clearly stated.
As a school we will not cover this as a class.
It will be available for parents to access via the Parental Portal if parents wish to use this resource within their family.
- This teaching is in line with the statutory guidance from the Department of Education.

Right to withdraw:

The policy available on the website or through the Office, contains important information for parents who may wish to withdraw their children from these classes. However, the RSE curriculum, which we have chosen fully covers the statutory Relationships and Health Education (which a parent may not withdraw from as it is statutory).

The only reference to ‘Sex Education’ or sexual intimacy, when a parent may wish to withdraw their child, is the already mentioned and optional UKS2 session ‘Making Babies: Part 2,’ **which we will not be using within our school.**

Although we would hope that parents and carers would feel able to seek further clarification or ask questions if needed.

Yours sincerely,

Mrs S. McKeown – Headteacher

Mrs S. Verdon-Smith – PSHE and RSE Led