



WHAT IF?

TRANSITION WORRIES FOR YEAR 6

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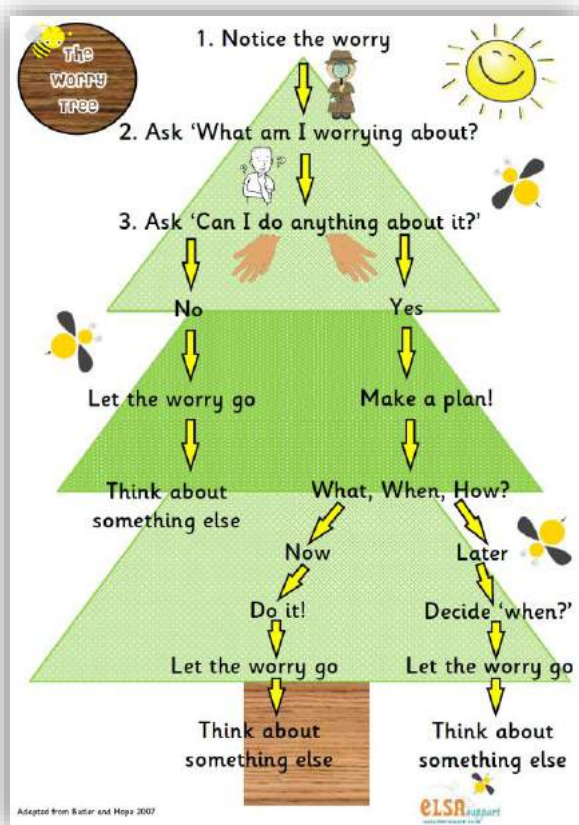
What if? Scenario cards – year 6

A huge thank you to the ELSA Facebook group who helped me with these questions. These are all common worries amongst year six children and have all been asked.

Ways to use them:

- Circle time- pick a card and everyone answers.
- One to one working on transition, ask a child to pick a card and discuss or you could just pick a few and discuss with the child.

Remind them of the WORRY TREE – click the image to take you to the website so you can download a copy.



There is also the 'TRANSITION LAPBOOK' which you might find helpful for working one to one or in small groups. Click the image...



What if...

I get bullied?



ELSA support
www.elsa.com

What if...

I forget my PE kit?



ELSA support
www.elsa.com

What if...

I am not in the same class as my friends?



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www.elsa.com

What if...

I get lost?



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www.elsa.com

What if...

I am late to school or to class?



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What if...

No one likes me?



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www.elsa.com

What if...

I get too much homework?



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www.elsa.com

What if...

The work is too hard for me?



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What if...

I can't get on the bus?



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www.elsa.com

What if...

I forget how
to tie my tie?



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www.elsa.com

What if...

I am not
allowed to go
to the toilet?



ELSA support
www.elsa.com

What if...

I don't feel
well?



ELSA support
www.elsa.com

What if...

I forget my
dinner money?



ELSA support
www.elsa.com

What if...

I lose my
dinner money?



ELSA support
www.elsa.com

What if...

I lose my bus
pass/bus fare?



ELSA support
www.elsa.com

What if...

I need help
with something
personal?



ELSA support
www.elsa.com

What if...

I need help
with
friendships?



ELSA support
www.elsa.com

What if...

I can't afford
to go on school
trips?



ELSA support
www.elsa.com

What if...

I don't fit in?



ELSA support
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What if...

I don't like the
teacher?



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www.elsa.com

What if...

I don't get on
with the
teacher?



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What if...

The teacher
doesn't like me?



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www.elsa.com

What if...

I don't make
any friends?



ELSA support
www.elsa.com

What if...

I am split up
from my
friends?



ELSA support
www.elsa.com

What if...

I can't
remember what
my homework
is?



ELSA support
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What if...

What if people
can see over
the toilet and
see me?



ELSA support
www.elsa.com

What if...

I don't
understand the
work in class?



ELSA support
www.elsa.com

What if...

It takes me
too long to get
changed for
PE?



ELSA support
www.elsaonline.com

What if...

I get a
detention and I
miss my bus?



ELSA support
www.elsaonline.com

What if...

My phone gets
taken away
because it goes
off in class?



ELSA support
www.elsaonline.com

What if...

I lose my
phone?



ELSA support
www.elsaonline.com

What if...

I don't know
the rules?



ELSA support
www.elsaonline.com

What if...

What if I need
help?



ELSA support
www.elsaonline.com

What if...

I need to talk
to someone?



ELSA support
www.elsaonline.com

What if...

I get a really
strict teacher?



ELSA support
www.elsaonline.com

What if...

I can't do the
homework?



ELSA support
www.elsaonline.com

What if...

I can't find my uniform in the morning?



ELSA support
www.elsasupport.co.uk

What if...

My uniform is dirty?



ELSA support
www.elsasupport.co.uk

What if...

I get into a fight?



ELSA support
www.elsasupport.co.uk

What if...

I don't like it?



ELSA support
www.elsasupport.co.uk

What if...

I can't remember everyone's names?



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www.elsasupport.co.uk

What if...

My old friends don't like my new friends?



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What if...

I don't have a computer at home?



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What if...

I need the toilet during lesson times?



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www.elsasupport.co.uk

What if...

There are older kids in the toilets?



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What if...

I lose my
planner?



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www.elsaonline.co.uk

What if...

I can't
remember
where to go
for my next
lesson?



ELSA support
www.elsaonline.co.uk

What if...

I forget which
way to go
when walking
home?



ELSA support
www.elsaonline.co.uk

What if...

I lose my locker
key?



ELSA support
www.elsaonline.co.uk

What if...

I lose my house
keys?



ELSA support
www.elsaonline.co.uk

What if...

I have to stay
late for a club
and I forgot to
tell my mum
and dad?



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What if...

I lose my
computer log
in/ password?



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What if...

I miss my
brother or
sister?



ELSA support
www.elsaonline.co.uk

What if...

What if my
brother or
sister misses
me?



ELSA support
www.elsaonline.co.uk

What if...

I forget to
turn my phone
onto silent?



ELSA support
www.elsasupport.co.uk

What if...

I get
cyberbullied?



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What if...

My parents
won't sign my
planner?



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What if...

I forgot to get
my parents to
sign my planner?



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What if...

I can't
remember the
teacher's name?



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What if...

I feel different
because I have
free school
meals?



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What if...

I feel different
because my
family are poor?



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What if...

I am judged
before people
get to know
me?



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What if...

I feel
overwhelmed
and have a
melt down?



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