



# St. Patrick's Catholic Voluntary Academy Intent, Implementation and Impact Statement – Physical Education



## Intent:

At St. Patrick's Catholic Voluntary Academy, we believe that Physical Education (PE), experienced in a safe and supportive environment, is essential to ensure children attain optimum physical and emotional development and good health, where they lead healthy and active lives.

Through our Physical Education, we aim to develop the children's knowledge, skills and understanding, so that they can perform with increasing confidence and competence in a range of physical activities. We will support our children's health and well-being by promoting active participation, creating opportunities for the children to compete in sport competitions and other activities. Encouraging our children to build their characters and develop values such as cooperation, collaboration, as well as working as part of an effective team, understanding fairness and respect to embed an enthusiasm for fitness understanding the importance of good diet and exercise.

Our intention, in Physical Education, by providing a range of sporting activities, including; invasion games, net and wall games, strike and field games, gymnastics, dance, swimming, fitness and outdoor adventure, is to support our children to fulfil their potential through the delivery of high-quality teaching and learning opportunities.

We aim to ensure that children experience Physical Education in a positive and motivating manner, which inspires all children to try their best and to recognise success in their physical abilities, becoming physically confident in a way which supports their health and fitness. We aim to help our children to keep healthy through promoting healthy life long habits, as well as safe by teaching them the essential skill of swimming.

## Implementation:

Physical Education at St. Patrick's Catholic Voluntary Academy is taught using the Primary PE Planning scheme which we have adapted to create our own bespoke version for our children and their learning needs. We are confident that our Physical Education Curriculum meets and exceeds the National Curriculum requirements.

The intended Physical Education Curriculum is outlined on our Long-Term yearly overviews and shared with parents. As well as breaking down these

learning intentions further on the Physical Education Content Subject Organiser which identifies the intended learning and end points for each year group and unit of work. This is also shared with and available for our parents to view.

All our children, regardless of need have at least a 1-hour weekly dedicated PE lesson, taught by their teacher or a specialist coach. Our Pastoral team are timetabled to support all classes for some part of their PE lessons, by being positive role models and demonstrating 'playfulness.'

Our parents support maximising our learning time by sending their children to school wearing their PE kit on PE days, as this avoids the children taking learning time to change.

We teach lessons so that children:

- Have fun and experience success in sport.
- Have the opportunity to participate in PE, being physically active for sustained periods of time at their own level of development.
- Secure and build on a broad range of physical activities and skills.
- Develop good sporting abilities.
- Understand basic rules.
- Experience positive competition in sports and activities.
- Learn in a safe environment.

Our children also take part in the Daily Mile, Early Bird (before school), Break time and Lunch time games and activities, as well as taking part in 'active brain breaks,' for example Go Noodle in class daily.

Children in Key Stage 2 attend weekly swimming lessons, usually in Year 3, where they are taught to swim competently, confidently and proficiently over a distance of 25m using a range of strokes.

In all PE lessons, we utilise the children's language development, allowing and ensuring further opportunities to develop language skills across the whole curriculum. With clear progression documents in Vocabulary and Skills identified from the Early Years to Year 6, ensuring our children are ready for the Key Stage 3 Physical Education curriculum.

### Enrichment Opportunities:

Our PE Curriculum is enriched in a variety of ways, particularly through, the Year 6 Residential, as well as a range of After-School clubs which include in 2023:

- Dance
- Karate
- Football

- Cross Country

Children are also given the opportunity to attend arranged competitions and activities to enhance learning in our school by outside agencies, athletics, coaches and specialists, as well as visiting the English Institute of Sport and Ponds Forge International Swimming Pool.

### Impact:

By the time our children leave St. Patrick's Catholic Voluntary Academy, they will have experienced an enjoyable Physical Education curriculum, in which they have met and exceeded the National Curriculum Aims.

Through our bespoke Physical Education Curriculum, every child will have accessed all of the key areas of the subject, with careful consideration to any potential barriers to learning. They will have received a carefully sequenced, coherent, broad and balanced Physical Education, with a clear progression of skills and knowledge that ensures all children can access learning at an appropriate level.

In EYFS, children will have improved their fundamental movement skills and developed their agility, balance and coordination.

In Key Stage 1, children will have continued to develop their fundamental movement skills and extend their agility, balance and coordination. They will have engaged in competitive and cooperative physical activities through games, dance and gymnastics.

In Key Stage 2, children will continue to apply and develop a broader range of skills such as running, jumping, throwing and catching. These skills are further incorporated into competitive games, performances using movement patterns and evaluations of their own and others' work. Children will have communicated and collaborated with each other, developing an understanding of how to improve in physical activities.

Through careful teacher assessment, dialogue with parents and our bespoke, adaptive curriculum our children will be challenged on individual levels to fulfil their potential, challenging themselves and enjoying take responsibility for their own development within Physical Education.