

Prayer and Liturgy Policy

St Patrick's Catholic Voluntary Academy



Approved by:	Headteacher	Date: September 2024
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Our Vision of Discipleship

We are a distinctive Catholic community, which lays strong foundations and values of lifelong learning. We believe we are made in the image of God and are special in his eyes. We will endeavor to ensure that school, parish and home, work as one. Saint Patrick's is a unique place of learning where all are motivated to be the best they can be. We embrace the inspirational challenge to nurture a Christ-centered curriculum.

Our approach is to take pride in developing outstanding teaching and learning by holding the highest expectations of all our pupils and knowing the children well. By focusing on what unites societies rather than our differences, we strive to create a culture of tolerance, equality and friendship not just among pupils but all members of society.

We will provide a place where everyone can flourish, feel safe and are valued. We aim to provide innovative learning opportunities in a forward-thinking environment, where all are prepared to embark on future challenges with excitement and confidence. The world of learning will embed qualities such as integrity, honesty, faith and truth.

All children are challenged to strive for academic, creative, sporting and personal accomplishment within a broad, vibrant and rich curriculum. Our students are given time to explore subjects and develop deep understanding.

Our commitment is to enable our children to be confident, autonomous learners by developing a range of key learning skills including resilience, independence, patience, perseverance and teamwork. We want our children to be prepared for life in modern Britain and the global society and we understand the challenges our children will face in the next phase of life's journey.

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1. Aims

1.1 Context

'The celebration of Catholic liturgies and prayers as an integral part of the learning and teaching should enable the school community to become reflective, experience the presence of God and should develop a mature spiritual life.' (Bishop Marcus Stock ,2012, Christ at the Centre)

Prayer and Liturgy considers the religious and educational needs of all who share in it:

- those who form part of the worshipping community in a Catholic church.
- those for whom school may be their first and only experience of church.
- those from other Christian traditions.
- those from other faith backgrounds.
- those who come from no religious background.

Prayer and Liturgy will be an experience to which all can contribute and from which all can gain. In this school is more than just a legal requirement, it is an integral part of school life and central to the Catholic tradition.

1.2 Aims

The aims of Prayer and Liturgy in our school are for all pupils and staff to be able to:

- contemplate something of the mystery of God
- reflect on spiritual and moral issues
- explore their own beliefs
- respond to and celebrate life
- experience a sense of belonging and develop community spirit
- develop a common ethos and shared values
- enrich religious experience
- grow in liturgical understanding and development
- reinforce prayers which are part of the Catholic tradition
- reinforce positive attitudes
- participate fully
- take time out 'to wonder at', 'to come to terms with' and 'to give worth to.'

1.3 Principles

All acts of Prayer and Liturgy in St. Patrick's will:

- give glory and honour to God.
- be a quality activity, fundamental to the life of the school and its Catholic character.
- give children positive liturgical experiences, appropriate to their age, aptitude and family backgrounds in order to prepare them for the liturgical life of the Church.

In order to do this, acts of Prayer and Liturgy will:

- be kept small wherever possible or appropriate to help to personalise the experience.
- be short and appropriately paced to the children's age and ability.
- be simple, including a range of experiences offered in a variety of groupings and in a variety of settings.

2. Statutory requirements

The law requires all maintained Catholic schools to provide an act of daily collective worship (Prayer and Liturgy) for all pupils (Section 70, 1988 Education Act) that is in accordance with the rites, practices, disciplines, and liturgical norms of the Catholic Church (School Standards and Framework Act 1998, schedule 20; Instrument of Government, clause 2). Academies in England are required by their funding agreement and Articles of Association to comply with similar requirements (The Mainstream Academy and Free School: Supplemental Funding Agreement, December 2020; Model Articles for Catholic Academies, February 2019).

The law requires all maintained schools to recognise and respect that parents have the legal right to withdraw their children up to the age of 16 from Prayer and Liturgy (School Standards and Framework Act 1998, s.71(1A)).

The school's provision for Prayer and Liturgy will fulfil pupils' entitlement to experience the range of liturgical treasures of the Church, including a shared repertoire of prayers and liturgical music with which pupils in the school will be familiar.

Prayer and Liturgy are not designated curriculum time. In the context of the Catholic school, this means that times of Prayer and Liturgy are not considered to be part of the allocation of curriculum time for Religious Education.

3. Content and delivery

3.1 Overview

Type	Involves	Frequency	Location	Led by
Gospel Assembly	FS2&KS1 KS2	every Monday 9am every Friday 9am	school hall	SLT
Hymn Practice	KS2	Every Friday 9.20am	school hall	SLT
Morning Prayer	all classes	daily 9am	in class	Teacher
Grace before and after meals	all classes	daily before lunch	in class	Teacher
End of day prayer	all classes	daily at the end of the day	in class	Teacher
Celebration of the Word	all classes	at the end of each Come and See topic	in class	Teacher/children /Prayer Warriors
Mass with Parish for Feast Days and Holy Days of Obligation	FS2-Y6	timetabled throughout the year e.g. Feast Days/Holy Days of Obligation/Start of school year etc	in church	Parish Priest and RE team
Celebration of Saint's Feast Day	all classes	once a year on class saints Feast Day or the closest day if this falls in a holiday	in class	Teacher
Rosary	KS2	once a week during morning break through October and May	In church	Headteacher/RE Lead
Advent reflection	all classes	for 10 minutes at the end of the day. Prayer Warriors lead the reflection in FS2-Y2 and other children take turns to lead in KS2	in class	Teacher/children /Prayer Warriors
Advent nativities	FS1-Y2	FS1-Y1 and Y1-Y2 prepare Nativities for their families	school hall	Teacher/children
Advent carol service	KS2	Classes come together to share the Christmas story through scripture and song for the rest of the school and their parents/wider community	in church	Teacher/children
Stations of the Cross	all classes	during Holy Week	in church	Teacher/Prayer Warriors
Lenten reflection	all classes	for 10 minutes at the end of the day. Prayer Warriors lead the	in class	Teacher/children /Prayer Warriors

		reflection in FS2-Y2 and other children take turns to lead in KS2		
Holy week Celebration of the Word	FS2-Y2	each class take a different part of the Holy Week story and prepare a presentation for the rest of the key stage and their parents	school hall	Teacher/children
Holy week Celebration of the Word	KS2	classes come together to share each part of the Holy Week story and prepare a presentation for the rest of the school and their parents/wider community	in church	Teacher/children
Class assemblies	FS2-Y6	once a year to celebrate collection of work in each class during the Summer term	school hall	Teacher/children

3.2 Resourcing

Prayer and liturgy are central to the school's understanding of itself as a Catholic school, and this is reflected in the annual budget allocation and available resources, including staff time and dedicated spaces for prayer and liturgy. The Catholic character of the school is reflected in religious artefacts and images on display throughout the building. Dedicated spaces for prayer and liturgy will be furnished and maintained as such, and updated to reflect the Church's liturgical season.

All teachers have access to Ten:Ten Resources, which provides scripture and resources in line with the Liturgical year of the church. This is used for the weekly Gospel assembly, in class Celebration of the Word and throughout Advent and Lent. In addition to Ten:Ten, online resources from CAFOD, Mission Together and the Diocese of Hallam are shared with all staff.

Each classroom has a collection of resources, images and artefacts which are used for Prayer and Liturgy, such as:

- Coloured drapes (Green, Purple, White, Gold, Red and Blue)
- Candles (real and battery operated)
- Crucifix and Crosses
- Praying hands figure
- Statues of Mary
- Rosary Beads
- Prayer stones
- Shells
- Small tree/collection of branches (used as Jesse Tree or prayer tree)
- Vases and flowers

There is also a communal selection of resources for staff to access. Each class also has its own 'Celebration of the Word' folder, which contains the planning template and planning resource cards for the 4-part structure of Gather, Listen, Respond and Go Forth. This folder is used by both staff and children to plan and keep evidence of Celebration of the Word.

Each classroom has a prayer focal area where the above resources are kept and a small, seasonally appropriate collection displayed. There are also several areas around the school with prayer focal areas, including the school entrance, main school hall and a small prayer area known as the Godly Play area.

Music for Prayer and Liturgy can be accessed through the school system, where lyrics and instrumentals are organised by theme, allowing both staff and children to pick and appropriate song or hymn linked to theme.

3.3 Godly Play

In school we have range of resources from Godly Play. Godly Play allows children to spend time listening, reflecting and wondering about scripture. Using the physical resources and characters a range of parables, scripture passages and events in Jesus' life are re-enacted and the children are guided to think and wonder about these stories.

Godly Play resources are available to all classes and staff at anytime and are displayed in the Godly Play area. Staff are supported in the delivery and using Godly Play to link to their RE teaching. Godly Play is delivered by teachers or the Prayer Warrior team, either in whole class or small group sessions.

Godly Play is a time of prayer within class, the expectations of beginning and ending with the Sign of the Cross and lighting a candle should also be observed during Godly Play.

3.4 Prayer Warriors

The Prayer Warriors are a team of Y5 and Y6 children who have volunteered to help lead Prayer and Liturgy throughout school. Prayer Warriors work in small groups of 3-4 and are each group are assigned to a class. They can then go into this class and support Prayer and Liturgy, particularly during the daily Advent and Lenten reflections.

Prayer Warriors are also trained in the delivery of Godly Play and will share a Godly Play story with the class they are assigned to.

Children not in Y5 or Y6 are also given the opportunity to support and lead Prayer and Liturgy within their own classes, progressing to become Prayer Warriors as they reach Y5 and Y6.

3.5 Staff Development

All new staff will be supported during induction and beyond, so that they fully understand the responsibility they carry within their individual role for leading prayer and liturgy in the school.

Any individual training needs will be identified and addressed through training and formation.

There will also be the opportunity for whole-staff professional development at least once a year, so that all staff understand the importance of prayer and liturgy and relevant staff are well supported to lead as required.

Staff training and formation costs will be funded separately to ensure that all staff are able to fulfil their responsibility to contribute to the prayer and liturgical life of the school.

3.6 Parental Involvement

As Prayer and Liturgy is a vital part of Catholic tradition, the collaboration between school and home is an essential part of what we do. We believe that it is important to be welcoming and inclusive with all aspects of Prayer and Liturgy, inviting the parents, to observe, participate and even share in these opportunities at home as well. We are committed to achieving this through:

- inviting parents/carers into Celebration of the Word; Advent and Lenten Reflection; and the KS2 Advent and Holy Week performances.
- all families invited and welcomed to school masses throughout the year.
- sharing home school resources such as Travelling Crib; Lenten Reflection Bag; and Rosary Bag.
- providing updates and information in the newsletter; on the school website and through ClassDojo.

3.7 Community Links

We work closely with the parish to maintain strong links.

- Whole school mass alongside parish
- Headteacher speaks at mass on Education Sunday
- Parish lunch hosted in school once a month, the Bishop is also invited to this regularly
- Priest, governors and parish invited to events of Prayer and Liturgy and invited to attend any Prayer and Liturgy training/CPD with staff

Throughout the year children carry out several fundraising activities to promote awareness and raise money giving pupils an appreciation of the needs of others in the world, both locally and globally.

4. Roles and responsibilities

4.1 The governing board

The governors, as guardians of the Catholic school's life and mission, have a responsibility to ensure that:

- Prayer and Liturgy are central to the Catholic life of the school and therefore are in line with the guidance set out by the Prayer and Liturgy Directory.
- there is a named person(s) who is responsible for Prayer and Liturgy in the school (the Prayer and Liturgy Co-ordinator).
- the Prayer and Liturgy policy is updated regularly and shared with all stakeholders.
- there is a budget for Prayer and Liturgy that reflects its centrality to the life of a Catholic school.

4.2 The headteacher

The headteacher, as the spiritual leader of the school as a Catholic community, ensures that:

- Prayer and Liturgy are central to the Catholic life of the school and therefore are in line with the guidance set out by the Prayer and Liturgy Directory.
- they work in partnership with the leader(s) for Prayer and Liturgy.
- those responsible for Prayer and Liturgy in the school have been given appropriate training and formation to ensure that all guidance is followed and adhered to.
- there are suitable resources for Prayer and Liturgy in the school.
- their own spiritual development needs are met, through retreats and courses, so that they can provide for the formation of others.

4.3 Staff

Staff are responsible for:

- delivering Prayer and Liturgy in line with this policy.
- modelling appropriate behaviour, attitudes and practices during Prayer and Liturgy.
- supporting the Prayer and Liturgy co-ordinator and Headteacher with the implementation of Prayer and Liturgy.

4.4 Prayer and Liturgy Co-Ordinator

Those responsible for Prayer and Liturgy ensure that:

- Prayer and Liturgy are central to the Catholic life of the school and therefore are in line with the guidance set out by the Prayer and Liturgy Directory.
- there is an Annual Plan of Provision for Prayer and Liturgy across the school year which identifies liturgical seasons and key celebrations, as well as opportunities for the celebration of the Sacraments.
- there is daily planned prayer for all pupils, appropriate to age and ability, as outlined in the Prayer and Liturgy Directory.
- pupils are supported in their liturgical formation to take an active role in the planning, preparation, and delivery of Prayer and Liturgy according to their age and capacity, and in a manner which facilitates their progressive participation.

- resources to support the planning of Prayer and Liturgy are appropriate and readily available to staff and pupils.
- induction on Prayer and Liturgy takes place for new members of staff as required.
- staff have access to effective training and formation opportunities.
- monitoring and evaluation of Prayer and Liturgy take place regularly and feed back into planning for future liturgies.
- monitoring of Prayer and Liturgy is reported to the headteacher and governing body to support whole-school development and the Catholic life of the school.
- there is collaboration with local clergy and parishes.
- liaison with the Diocesan Advisory Service and others is maintained to ensure they keep updated with best practice.

4.5 Pupils

Pupils are expected to engage fully in Prayer and Liturgy and, act with respect and sensitivity for the Catholic faith and other faiths throughout.

5. Monitoring arrangements

The delivery of Prayer and Liturgy is monitored by the Prayer and Liturgy Co-Ordinator through a selection of the following each term:

- Learning Walks
- Lesson Observations
- Pupil Voice
- Parent Voice
- Staff Voice

5.1 Policy monitoring and review

This policy is monitored by the Prayer and Liturgy Leader. It is evaluated and reviewed by the whole staff and Governors annually to ensure that it continues to meet the needs of the children, staff and parents, and that it is in line with current diocesan advice and guidance.

6. Links with other policies

This policy links particularly to the following policies and procedures:
- RE Policy.

7. Appendices

Annual Plan of Prayer and Liturgy Provision (Yearly Calendar)

Autumn Term- British Values

Autumn 1 **Democracy**

Autumn 2 **Rule of Law**

Date & Liturgical colour	Themes	Events
w/c 2 nd September	Class Saints	Virtues to live by: Respect/Courtesy St Maximilian Feast day – 14 th August St Christopher Feast day – 25 th August Education Sunday – 8 th

w/c 9 th September	Family	Virtues to live by: Respect/Courtesy Whole School Welcome Mass – 10 th Fairtrade Fortnight begins – 9 th – 22 nd
w/c 16 th September	Family	Virtues to live by: Respect/Courtesy International day of Peace – 21 st
w/c 23 rd September	Family	Virtues to live by: Respect/Courtesy St Vincent de Paul Feast day – 27 th September
w/c 30 th September	Family	Virtues to live by: Thankfulness Month of the Rosary St Francis Feast day – 4 th October Harvest Assembly – 4 th CAFOD Harvest Family Fast Day – 4 th
w/c 7 th October	World Faith Week – Hinduism	Virtues to live by: Thankfulness World Mental Health Day – 10 th
w/c 14 th October	Belonging	Virtues to live by: Thankfulness Kingswood – 14-16 th International day for the Eradication of Poverty – 17 th
w/c 21 st October	Belonging	Virtues to live by: Thankfulness
Half Term w/c 28 th October		
w/c 4 th November	Belonging	Virtues to live by: Hope All Saints Day – 1 st Holy Day of Obligation- Whole School Mass Diwali – 1 st St Martin de Porres Feast day – 3 rd November St Teresa Feast day – 5 th November
w/c 11 th November	Belonging	Virtues to live by: Hope Remembrance Day – 11 th St Margaret of Scotland Feast day – 16 th November
w/c 18 th November	Loving	Virtues to live by: Hope
w/c 25 th November	Loving	Virtues to live by: Hope
w/c 2 nd December	Loving	Virtues to live by: Patience First Sunday of Advent – 1 st Advent daily reflections St Ambrose Feast day – 7 th December The Immaculate Conception – 8 th
w/c 9 th December	Loving	Virtues to live by: Patience Second Sunday of Advent – 8 th Human Rights Day – 10 th FS1/FS2 Dress Rehearsal – 13 th
w/c 16 th December	Nativities/Carol Services	Virtues to live by: Patience Third Sunday of Advent – 15 th KS2 Dress Rehearsal – 16 th FS1 and FS2 Nativity 9:30am – 17 th KS1 Nativity 2pm – 17 th KS1 Nativity 9:30am – 18 th Christmas Dinner + Jumper Day Parish Lunch KS2 Church Carol Service 9:00am – 19 th FS1 and FS2 Nativity 2pm – 19 th KS2 Carol Service 3:45pm (time tbc) – 19 th

Spring Term- British Values

Spring 1 **Mutual Respect**

Spring 2 **Tolerance**

Date & Liturgical colour	Themes	Events
Christmas Holidays w/c 23 rd December		Fourth Sunday of Advent – 22 nd Christmas Day – 25 th Epiphany – 6 th Hanukkah begins - 25 th Hanukkah ends - 2 nd
w/c 6 th January	Community	Virtues to live by: Faith Epiphany – 6 th Baptism of the Lord – 8 th
w/c 13 th January	Community	Virtues to live by: Faith
w/c 20 th January	Community	Virtues to live by: Faith
w/c 27 th January	Community	Virtues to live by: Simplicity St Thomas of Aquinas Feast day – 28 th January
w/c 3 rd February	Relating	Virtues to live by: Simplicity
w/c 10 th February	Relating	Virtues to live by: Simplicity
Half Term w/c 17 th February		
w/c 24 th February	Relating	Virtues to live by: Love/Charity St David's Feast Day – 1 st
w/c 3 rd March	Relating	Virtues to live by: Love/Charity Shrove Tuesday – 4 th Ash Wednesday – 5 th First Sunday of Lent – 9 th
w/c 10 th March	Giving	Virtues to live by: Love/Charity Ramadan begins – 10 th CAFOD Lent Family Fast Day – 14 th Second Sunday of Lent – 16 th
w/c 17 th March	Giving	Virtues to live by: Forgiveness Third Sunday of Lent – 23 rd St Patrick's Feast day – 17 th March Whole School Mass for St. Patrick's Day – 18 th TBC
w/c 24 th March	Giving	Virtues to live by: Forgiveness Mother's Day – 30 th Forth Sunday of Lent – 30 th Eid – 30-31 st
w/c 31 st March	Giving	Virtues to live by: Forgiveness Fifth Sunday of Lent – 6 th Holy week KS/class liturgies Maundy Thursday – 28 th Good Friday – 29 th Holy Saturday – 30 th Easter Sunday – 31 st
w/c 7 th April	Giving	Palm Sunday - 13 th Ramadan Ends – 9 th Passover begins – 12 th
w/c 14 th April	Holy Week Liturgies	Holy week KS/class Liturgies Vaisakhi – 14 th Maundy Thursday – 17 th Good Friday – 18 th Holy Saturday – 19 th Easter Sunday – 20 th Passover ends – 20 th

Summer Term- British Values
 Summer 1 **Individual Liberty**

Date & Liturgical colour	Themes	Events
Easter Holidays w/c 21 st April		St. George's Day – 23 rd
w/c 28 th April	Serving	Virtues to live by: Resilience/Perseverance
w/c 5 th May	Serving	Virtues to live by: Resilience/Perseverance Month of the Rosary
w/c 12 th May	Serving	Virtues to live by: Resilience/Perseverance
w/c 19 th May	Inter Relating	Virtues to live by: Kindness
Half Term w/c 26 th May – 2 nd June		St Joan or Arc Feast day – 30 th May Mary Mother of the Church – 20 th Trinity Sunday – 26 th World Environment day – 5 th Pentecost – 8 th
w/c 9 th June	Inter Relating	Virtues to live by: Kindness St Columba Feast day – 9 th June Father's Day – 15 th
w/c 16 th June	Inter Relating	Virtues to live by: Honesty Corpus Christi – 19 th
w/c 23 rd June	Alternative Faiths Week – Sikhism	Virtues to live by: Honesty
w/c 30 th June	World	Virtues to live by: Honesty World Refugee Day – 20 th
w/c 7 th July	World	Virtues to live by: Service Feast of St Peter & Paul – 30 th
w/c 14 th July	World	Virtues to live by: Service Leavers Mass 9.15 -15 th St Maximilian Feast day – 14 th August St Christopher Feast day – 25 th August

7.1 Schedule of Introduction of Common and Traditional Prayers (Prayer Progression Document)

Age Phase	KS1 (5-7)	Lower KS2 (7-9)	Upper KS2 (9-11)
Prayers	The Sign of the Cross The Lord's Prayer Hail Mary Glory be Grace before meals Grace after meals	The Apostles' Creed An Act of Contrition Angel of God Come, Holy Spirit The Prayer of St Richard of Chichester	Morning Offering The Rosary The Magnificat Act of Faith Act of Hope Act of Love

The Sign of the Cross
 In the name of the Father
 and of the Son
 and of the Holy Spirit.
 Amen.

The Lord's Prayer
 Our Father who art in heaven, hallowed be thy name.
 Thy kingdom come.
 Thy will be done on earth, as it is in heaven.
 Give us this day our daily bread, and forgive

us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

The Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

Glory be to the Father

Glory be to the Father
and to the Son
and to the Holy Spirit,
as it was in the beginning
is now, and ever shall be
world without end.
Amen.

Grace before meals

Bless us, O Lord, and these your gifts
which we are about to receive from your bounty.
Through Christ our Lord.
Amen.

Grace after meals

We give you thanks, Almighty God,
for all your benefits,
who live and reign, world without end.
Amen.

The Apostles' Creed

I believe in God,
the Father almighty
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
At the words that follow, up to and including the
Virgin Mary, all bow.
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father
almighty;
from there he will come to judge the living and the
dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.
Amen.

Act of Contrition

O my God,
because you are so good,
I am very sorry that I have sinned against you,
and with the help of your grace
I will not sin again.

Angel of God

Angel of God,
my guardian dear,
to whom God's love commits me here,
ever this day be at my side,
to light and guard, to rule and guide.

Amen.

Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your faithful.

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you will renew the face of the earth.

Let us pray

O God, who by the light of the Holy Spirit,
did instruct the hearts of your faithful,
grant that by that same Holy Spirit,
we may be truly wise, and ever rejoice in your
consolation,

Through Christ our Lord.

Amen.

Prayer of St Richard of Chichester

Thanks be to you, my Lord Jesus Christ,
for all the benefits which you have given me,
for all the pains and insults which you have borne
for me.

O most merciful Redeemer, friend and brother,
may I know you more clearly,

love you more dearly,

and follow you more nearly,

day by day.

Amen.

Morning Offering

O Jesus,

through the most pure heart of Mary,

I offer you all my prayers,

thoughts, works and sufferings of this day

for all the intentions of your most Sacred heart.

The Rosary

For each mystery or decade, one Our Father, ten
Hail Marys and the Glory be is recited.

The Joyful Mysteries (Monday and Saturday)

The Annunciation (Luke 1:26–38)

The Visitation (Luke 1:39–45)

The Nativity (Luke 2:1–7)

The Presentation in the Temple (Luke 2:22–35)

The Finding in the Temple (Luke 2:41–52)

The Mysteries of Light (Thursday)

The Baptism of Jesus (Matthew 3:13–17)

The Wedding Feast of Cana (John 2:1–12)

The Proclamation of the Kingdom, with the call to
Conversion (Mark 1:14–15; 2:3–12)

The Transfiguration (Luke 9:28–36)

The Institution of the Eucharist (Matthew 26:26–
29)

The Sorrowful Mysteries (Tuesday and Friday)

The Agony in the Garden (Mark 14:32–42)

The Scouring at the Pillar (Matthew 27:15–26)

The Crowning with Thorns (Matthew 27:27–31)

The Carrying of the Cross (John 19:15–17; Luke
23:27–32)

The Crucifixion (Luke 23:33–38, 44–46)

The Glorious Mysteries (Wednesday and Sunday)

The Resurrection (Matthew 28:1–8)

The Ascension (Acts 1:6–11)

The Descent of the Holy Spirit (Acts 2:1–12)

The Assumption (1 Thessalonians 4:13–19)

The Coronation of Mary Queen of Heaven and
Earth (Revelation 12:1; 14:1–5; Isaiah 6:1–3)

Prayer concluding the Rosary

Hail, Holy Queen, Mother of Mercy,

Hail our life, our sweetness and our hope!

To thee do we cry, poor banished children of Eve.

To thee do we send up our sighs,

mourning and weeping in this valley of tears!

Turn, then, most gracious Advocate,

thine eyes of mercy toward us,

and after this, our exile,

show unto us the blessed fruit of thy womb, Jesus.

O clement, O loving,

O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises
of Christ.

Let us pray.

O God, whose only-begotten Son, by his life, death
and resurrection, has purchased for us the
rewards of eternal life, grant, we beseech thee,
that meditating on these mysteries of the most holy
Rosary of the Blessed Virgin Mary, we may imitate
what they contain and obtain what they promise,
through the same Christ our Lord.

Amen.

The Magnificat

My soul proclaims the greatness of the Lord,

and my spirit rejoices in God my Saviour,

for he has looked upon his handmaid in her
lowliness;

for behold, from this day forward,

all generations will call me blessed.

For the Almighty has done great things for me,
and holy is his name.

His mercy is from age to age

for those who fear him.

He has made known the strength of his arm,
and has scattered the proud in their conceit of
heart.

He has cast down the mighty from their thrones
and has exalted those who are lowly.

He has filled the hungry with good things,

and has sent the rich away empty.
He has helped his servant Israel,
mindful of his mercy,
even as he promised to our fathers,
to Abraham and his descendants for ever.
Glory be to the Father and to the Son
and to the Holy Spirit,
as it was in the beginning, is now,
and ever shall be, world without end.
Amen.

Act of Faith

My God, I believe in you
and all that your Church teaches,

because you have said it,
and your word is true.

Act of Hope

My God, I hope in you,
for grace and for glory,
because of your promises,
your mercy and your power.

Act of Love

My God, because you are so good,
I love you with all my heart,
and for your sake,
I love your neighbour as myself.

January 2024.