



W/C 7th September, 28th September, 19th October, 9th November, 30th November, 14th December

	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	<i>Chilli con carne</i>	<i>Beef and vegetable pie</i>	<i>Chicken Dinner</i>	<i>Chicken Tikka Masala</i>	<i>Breaded Fish Fingers</i>
Allergens		<i>Gluten</i>		<i>Milk, Mustard</i>	<i>Gluten, Fish</i>
Vegetarian Option	<i>Five bean chilli</i>	<i>Quorn and lentil pie</i>	<i>Quorn Fillet</i>	<i>Chickpea and lentil Tikka masala</i>	<i>Cheese Flan</i>
Allergens		<i>Gluten</i>	<i>Gluten</i>	<i>Soybeans</i>	<i>Gluten, Milk , Egg</i>
Jackets	<i>Cheese (Milk) or beans</i>	<i>Cheese (Milk) , Tuna Mayo (Fish, Egg)</i>	<i>Cheese, (Milk) Coleslaw (Eggs, Milk, Mustard)</i>	<i>Cheese (milk) Or beans</i>	<i>Cheese (Milk) Tuna Mayo (Eggs, Fish)</i>
Sandwiches	<i>Wholemeal bread (Gluten) Cheese (Milk) or Tuna mayo (Egg, Fish)</i>	<i>Wholemeal wrap (Gluten) Cheese (Milk) Cajun chicken (Egg, Mustard)</i>	<i>Malted Baguette (Gluten, may contain sesame) Ham Tuna Mayo (Egg, Fish)</i>	<i>Wholemeal Bread (Gluten) Ham Cheese (Milk)</i>	<i>Malted Baguette (Gluten, may contain sesame) Cheese (Milk) Tuna Mayo (Egg, Fish)</i>
Vegetables and potatoes	<i>Rice Carrots</i>	<i>Mashed potatoes Green Beans</i>	<i>Oven baked roast potatoes Cauliflower Broccoli</i>	<i>Rice Sweetcorn</i>	<i>Oven baked chips Mushy Peas</i>
Dessert	<i>Fresh fruit pot or yogurt (milk)</i>	<i>Fresh fruit pot or yogurt (milk)</i>	<i>Apple and cinnamon crumble with custard</i>	<i>Fresh fruit pot or yogurt (milk)</i>	<i>Fresh fruit pot or Yogurt (milk)</i>
Allergens			<i>Gluten, Eggs, Milk</i>		

Bread, Yogurt, Fruit and Salad served daily.