



W/C 14th September, 5th October, 26th October 16th November, 7th December,

	Monday	Tuesday	Wednesday	Thursday	Friday
Main meal	<i>Tuna Pasta bake</i>	<i>Cottage pie</i>	<i>Chicken Dinner</i>	<i>Beef burger in a bun</i>	<i>Breaded Fish Cakes</i>
Allergens	<i>Fish, Gluten , Milk</i>			<i>Gluten</i>	<i>Gluten, Fish</i>
Vegetarian Option	<i>Cheese and tomato pasta bake</i>	<i>Quorn Mince and lentil Cottage Pie</i>	<i>Quorn Fillet</i>	<i>Vegetable Burger in a bun</i>	<i>Vegetarian sausages</i>
Allergens	<i>Gluten, Milk</i>		<i>Gluten</i>	<i>Gluten</i>	
Jackets	<i>Cheese (Milk) or beans</i>	<i>Cheese (Milk) , Tuna Mayo (Fish, Egg)</i>	<i>Cheese, (Milk) Coleslaw (Eggs, Milk, Mustard)</i>	<i>Cheese (milk) Or beans</i>	<i>Cheese (Milk) Tuna Mayo (Eggs, Fish)</i>
Sandwiches	<i>Wholemeal bread (Gluten) Cheese (Milk) or Tuna mayo (Egg, Fish)</i>	<i>Wholemeal wrap (Gluten) Cheese (Milk) Cajun chicken (Egg, Mustard)</i>	<i>Malted Baguette (Gluten, may contain sesame) Ham Tuna Mayo (Egg, Fish)</i>	<i>Wholemeal Bread (Gluten) Ham Cheese (Milk)</i>	<i>Malted Baguette (Gluten, may contain sesame) Cheese (Milk) Tuna Mayo (Egg, Fish)</i>
Vegetables and potatoes	<i>Sweetcorn</i>	<i>Carrot and swede</i>	<i>Oven baked roast potatoes Cauliflower Broccoli</i>	<i>Oven baked wedges Mixed veg</i>	<i>Oven baked chips Mushy Peas</i>
Dessert	<i>Fresh fruit pot or yogurt (milk)</i>	<i>Fresh fruit pot or yogurt (milk)</i>	<i>Banana flapjack and custard</i>	<i>Fresh fruit pot or yogurt (milk)</i>	<i>Fresh fruit pot or Yogurt (milk)</i>
Allergens			<i>Milk</i>		

Bread, Yogurt, Fruit and Salad served daily.